PSHE at St George's

INTENT IMPLEMENTATION CULTURAL CAPITAL

Teach children how to live happy, healthy and fulfilling lives.

- Kapow PSHE progressively develops physical and mental health, relationships and safety.
- Weekly Wellbeing Worship reinforces wellbeing themes and responds to school community needs.
- Develop emotional literacy through our whole-school Colour Monsters approach, supporting children to recognise and regulate emotions.
- Develop healthy habits, emotional literacy, self-regulation and independence through PSHE and daily school life.
- Promote active lifestyles, wellbeing and positive leisure through OPAL, enrichment and our Community Challenge.

Build resilience, empathy, respect and responsibility.

- Develop self-regulation, independence and relationships through Kapow's progressive strands.
- Build empathy, communication and conflict-resolution through discussion, scenarios and role play.
- Embed our Christian vision and values throughout PSHE, worship and school life.
- Develop character and responsibility through our Community Challenge.

Celebrate diversity and promote inclusion.

- Explore different families, cultures, beliefs and experiences through inclusive PSHE teaching.
- Foster belonging through our house system, inclusive teaching and shared school experiences.
- Use diverse scenarios to develop equality, belonging and respect, challenging stereotypes and prejudice.
- Adapt teaching to ensure all pupils, including those with SEND, can participate and succeed.
- Broaden children's perspectives through community, charity and wider-school experiences.

Develop knowledge of rights, relationships and wellbeing.

- Teach statutory Relationships and Health Education through the Kapow curriculum.
- Develop understanding of rights, responsibilities, boundaries, safety and help-seeking.
- Develop critical thinking to question information, recognise risks and make informed choices.
- Develop understanding of children's role in the school, local and wider community.



Empower children to be courageous advocates for positive change.

- Build confidence to speak up, seek help and advocate for themselves and others.
- Explore fairness, kindness, sustainability and positive action through PSHE and worship.
- Drip-feed the Learning Armoury, developing tools for thoughtful decision-making and positive action.
- Empower pupils to take action and contribute through our Community Challenge.